

**Robert Browning, PhD (h.c.)**

Robert Browning, PhD (h.c.) is HeartMath's Co-Director of Healthcare, Director for Health Partnerships and Senior Master Trainer. For over 27 years with HeartMath, he's trained more than 25,000 individuals in heart-based living and helps lead programs at: Kaiser Permanente, Stanford, Ascension, Dignity and the VA. He oversees HeartMath's healthcare alliances focused on self-care, human caring and wholeness healing. Robert received an Honorary Doctorate in Human Caring and Caring Science from Dr. Jean Watson, Founder and Director, Watson Caring Science Institute and Dean Emerita-University of Colorado, Denver, College of Nursing.

His dedicated work in nursing is published in *American Nurse Today*, *Dimensions of Critical Care Nursing*, and *Stress Health*. He also serves as Co-Vice President of Pathways to Peace, a non-profit serving as official Peace Messenger to the United Nations with Consultative Status to the United Nations Economic and Social Council. In this role, he co-presented HeartMath at the High Level Political Forum as a peace-building initiative, and co-curating the series "You Are the UN" accessible to UN Staff, hosted by the General Secretary of FICSA. His peace-building work relative to global mental health is published in the United Nations publication, the *UN Special*. He holds faculty positions with the Esalen Institute, Watson Caring Science Institute, and adjunct faculty with the University of Colorado-Anschutz Medical Campus, College of Nursing. Robert graduated from U.C.L.A., Magna Cum Laude, Phi Beta Kappa, and is an Eagle Scout. His passion and 27+ year of focused inquiry on the power of the heart, care, and healing has informed the depth of his work, practice, and message.

Robert lives with his wife and strategic partner, Sheva Carr, in the Boulder Creek, CA Redwood Mountains.